

DAILY SPECIALS

The Daily Sandwich

14.95

The Daily Pasta

17.95

The Big Soup

enjoy the daily soup as an entrée, along with
Chef's perfectly paired addition

16.50

Q Water

Our dining tables are getting greener! We now
offer high quality filtered water, purified on site.

STILL OR SPARKLING
2.50 PER GUEST

Jump Fries

SIDE ORDER OR FOR THE TABLE TO SHARE

crisp Yukon Gold potatoes with tomato mayo
6.00



We will do our utmost to
accommodate guests with food
allergies, though we are unable to
guarantee an allergen-free kitchen
environment.

As a courtesy to our dining patrons, Jump respectfully
requests no cellular telephone use in the dining room.

2.00 parking after 5:30pm.

EXECUTIVE CHEF
FILIPPO MANCUSO

Appetizers

SALAD OF SEASONAL GREENS 10.50
baby organic greens, pickled Ontario beets,
Kawartha goat cheese and Dijon rata flower honey vinaigrette

BABY ROMAINE CAESAR SALAD 10.25
marinated white anchovy, Kalamata olive,
shaved Parmigiano-Reggiano and Caesar vinaigrette

BABY SPINACH & RUBY GRAPEFRUIT SALAD 9.95
fennel, roasted cashews and yoghurt poppy seed dressing

YELLOWFIN TUNA TARTARE 13.95
jalapeño, ginger, avocado, ginger soy vinaigrette and Terra root chips

WILD & TAME MUSHROOM SOUP 9.75
no less than six types of mushrooms (no cream or butter)

THE DAILY SOUP 8.75

ANY APPETIZER AS A MAIN COURSE, ADD 4.00

Mains

SPAGHETTINI PUTTANESCA WITH SHRIMP 18.50
olives, capers, tomato, white wine and roasted garlic

ASH'S BUTTER CHICKEN 21.95
sweet pea basmati rice pilaf, cucumber cilantro raita
and pappadum

THE VEGGIE RICE BOWL 16.95
jasmine rice, chickpea and vegetable tagine, falafel, grain salad,
silken tofu tahini dressing and smokey pepper hot sauce

GRILLED TOP SIRLOIN STEAK SANDWICH 19.50
ciabatta bun, roasted sweet onions, Provolone
and steak sauce mayo with sweet potato fries

PAN-SEARED LAKE HURON WHITEFISH 25.95
lemony chickpeas, baby arugula, green olive and feta vinaigrette

GRILLED BARESE SAUSAGE 19.95
smashed fried potatoes, roasted sweet peppers, green olive and arugula

JUMP CHURRASCO CHICKEN CAESAR SALAD 17.95
hearts of romaine, pulled piri piri roasted chicken, chorizo
and shaved St. George cheese

GRILLED CALAMARI 16.95
anchovies, capers, Gaeta olives, roasted garlic and lemon brown butter

GRILLED 8 OZ. FLAT IRON STEAK 27.95
Jump fries, tomato mayo and green peppercorn jus